

2017 HARRIER CALENDAR

APRIL

Sat 22nd Worlds Master Games – Half Marathon / 10k

Sun 30th Worlds Master Games – Cross Country

MAY

Sat 6th Rotorua Marathon (NZ Champs)

Sat 13th AKL Athletics XC – GP1 – Pukekohe

Sat 27th AKL Athletics XC – GP2 – Pakuranga

JUNE

Sat 10th AKL Athletics XC – GP3 – Barry Curtis Park

Sat 24th AKL Athletics XC – GP4 – Long Bay

Sat 30th Mid-Winter Party (TBC)

JULY

Sat 8th AKL Athletics XC – GP5 –
Barry Curtis Park (XC Champs)

Wed 12th Pie & Jug Run

Sat 15th AGM & **AMBLER SHEILD** - Time handicapped XC race

Sat 22nd **KOHN CUP** – Team handicapped road race

AUGUST

Wed 2nd Heritage Run 18k

Sat 12th **OSBOURNE CUP** – Team handicapped road race

Sun 13th AKL Athletics – GP6 – Pakuranga (Road Champs)

SEPTEMBER

Sun 3rd North Shore Marathon

Sat 9th Red Stag Relays, Rotorua

Sat 16th AKL Athletics Road Relays Champs

Sun 17th Glen Eden 10 Miler

Sun 24th Devonport Classic 10k / 15k / 21k

Sun 25th DAYLIGHT SAVING begins

Mon 26th Northcote Tavern Pub Run begins

Sat 30th National Road Relays Champs, Rotorua

OCTOBER

Wed 4th **EYRES CUP** - Team handicapped road race

Sun 8th **BATHURST CUP** – Team handicapped road

Wed 11th **CLAYWORTH PAIRS** - handicapped race

Wed 18th **KING / QUEEN of the MOUNTAIN**

Wed 25th Summer Season Track & Field begins

Sun 29th ASB Auckland Marathon

NOVEMBER

Sat 18th ASB Kerikeri Half Marathon

* Club uniform **COMPULSORY** to race

Ambler Shield

This race was first held in 1947 and has been run over a variety of courses since then. It is a handicapped cross country race. The Shield was sponsored by Harry Ambler whose sons, Norm and Ray, have both run for the club. Currently, the race is run in the Onepoto Reserve and has three laps. As the basin is very low lying and wet, the course is often very muddy. Club singlets must be worn.

Osborne Cup

The Osborne Cup was first contested in 1936. It was donated by the Mayor of Birkenhead, E.J. Osborne. Initially this race was a relay of four legs. The course changed twice and in 1986 they introduced the course we know today, a loop around Hinemoa and Palmerston Roads. Teams of three runners are handicapped and there is a staggered start. Each runner runs one loop of approximately 1.8km. Club singlets must be worn.

Kohn Cup

First run in 1931 as a relay race from Auckland to Papakura, at a distance of 20 miles. Each member carried a message from the mayor of Auckland to the Chairman of the Papakura Town Board. However, the route proved difficult to organise and from 1934 the race was run from Birkenhead to Beachhaven, twice. More recently, it is run in teams of two with each runner running one of the two legs. The run starts and finishes at the club. The first runner runs along Mokoia Road and down Birkdale Road with the change-over point in Beachhaven Road. The second runner runs back to the club via Rangatira and Mokoia Roads, which is a tougher leg as it is uphill. Each leg is approximately 5km.

Clayworth Pairs

Mr Clayworth, a prominent English harrier, took interest in the club and presented a silver cup for this competition. For many years the pairs ran together with the stronger runner encouraging the other. Sometimes, the stronger runner followed the first runner. On many occasions the pairs ran in opposite directions, met, then turned and ran back to the start. This is how the race is run today. The pairs are handicapped and there is a staggered start. Both runners start outside the club on the sports field and run in opposite directions around the loop. When they meet, usually somewhere in Birkenhead Avenue, they return to the start. When they meet, one runner does an additional loop of the course. One loop is approximately 1.9km.

Eyres Team Race

This is a handicapped mass start race. It is run around the Hinemoa and Palmerston Roads loop. Club singlets must be worn.

King and Queen of the Mountain

This was introduced in 1994. The race is the culmination of the winter season and it is a steep climb from the Chelsea Sugar Works at the bottom of Huka Road to the top. The race is handicapped and there is a staggered start. Recently, the title of Prince and Princess has been included for junior male and female competitors and the title of Sultan and Sultana for the first male and female walkers.