

# CALLIOPE CAPERS

**2 FEBRUARY 2011**

## **TONIGHT**

6.45pm Bill Taylor Trophy 3000m

7.10pm Javelin

7.30pm

100m

## **NEXT WEEK - CLUB CHAMPIONSHIPS**

6.30pm Shot Put

7.05pm 400m

7.15pm

Triple Jump

Competitors must be fully financial and wearing full club uniform to qualify for the championships.

## **CATHAY PACIFIC**

### **SUNDAY 27 February 2011**

Mark this date in your calendars. This is the Club's only fund raising event and enables the club to provide cheap membership fees, support social activities and club trips, develop and support the thriving Junior section (175+ kids last year) and give back to the athletics community in the way of sponsorship of athletes and events. A proportion of the funds are also donated to the charity Heart Children.

We need all the help that we can get. If you do not have a job already and can spare a few hours to hold a flag, direct traffic or man a water stop we need you!

This year Gary Carmichael is taking charge of marshalling volunteers and will be in touch. Alternatively please feel free to contact Gary at [ccarmichael@xtra.co.nz](mailto:ccarmichael@xtra.co.nz) or when you see him down at the club to put your name forward.

### **VOLUNTEER REQUIRED**

A volunteer is required to take keys out to Okahu Bay reserve to let in the Superloo truck on Saturday 26 February. Please see Peter Jonkers or Jamie Wotherspoon for details.

**INSERTS** Putting flyers into the plastic bags is at the Club on Monday 14 February at 7pm.

**RACE PACK (T-SHIRTS)** stuffing is at the Club on Monday 21 February at 7pm. Pizzas will be provided.

### **STIRLING SPORTS CALLIOPE DISCOUNT**

Craig Stevens from Stirling Sports Takapuna and Albany would like to remind all Calliope members of a 15% "Calliope" discount on all purchases from these stores. The discount applies to all purchases for Stirling Sports Takapuna and Albany including shoes, clothing, fishing equipment, everything. It does not apply to sale or discounted prices.

## CALLIOPE RESULTS 26 January 2011

Tim Hutchings 1500m		400m	
1 Stephanie Trutmann (Switzerland)	5.16.49	1 Stephen Craw	1.13.45
2 Steve Fairley	5.21.59	2 Steve Fairley	1.14.74
3 Stephen Craw	5.34.99	3 Grant Simmonds	1.17.63
4 Julia Reed	5.37.08	4 Alan Moore	1.33.99
5 Alan Moore	6.11.11	5 John Rhodes	1.35.04
6 Grant Simmonds	6.46.33	6 Alex Craw	1.59.60
7 John Rhodes	7.19.79	7 Raewyn Legge	2.02.34
8 Bruce McLean	8.06.91		
9 Raewyn Legge	8.20.96	Discus	
10 Garth Barfoot	8.23.40	1 Grant Simmonds	24.00m
11 Werner Schmidt	9.56.83 (Walk)	2 Rob Purdie	22.13m
12 Rob Purdie	11.31.25 (Walk)	3 John Rhodes	19.46m
13 Bill Fell	11.54.55 (Walk)	4 Bill Fell	14.57m
		5 Bruce McLean	13.88m
		6 Hugh Jonkers	13.46m
		7 Werner Schmidt	12.75m
		8 Stephen Craw	11.79m
		9 Raewyn Legge	10.62m

### NORTHCOTE TAVERN 5km RUN has recommenced

The Northcote tavern 5 km event is held every Monday starting at the Tavern's Princes Street entrance at 6.15pm for walkers and 6.30pm for runners. John Rhodes is doing a wonderful job managing this event and is kindly assisted by Ray Ambler. Stirling Sports have kindly donated a number of spot prizes. Well done Grace for organising.

**AGE-GRADED TABLES.** The Grubb tables have been used by us for some time for all age-graded percentages such as the Bill Taylor tonight, the club championships and the winter Ranking List. Bruce has just become aware yesterday that the tables had an update in September last year. There is a fairly large technical paper on the tables under <http://home.roadrunner.com/~alanjones/AgeGrade.html> which needs study but it appears that a further revision has been done getting from the 1994 factors and 2002 tables to the 2006 ones (now 2010) some of which might have been allowed for in the Grubb tables previously and which appears to affect females more than males and the longer distances. The tables were allegedly a little soft for older female runners at longer distances and several runners were achieving over 100%. In this latest modification as an example the world standard over 5km for a 45 year old female, upon which the percentages have been based, has now been shifted from approximately 15:58 to 15:43. Bruce said that when the 2006 tables were originally implemented he had noticed also in calculations he was doing for Auckland Masters that the best ladies were getting hard for others to beat notwithstanding that some 'unrealistic' world performances by some athletes had already been excluded.

## CALLIOPE RECORDS

As the result of a full set of Club Athletic Results for the period 1994 to 2011 coming to light (thanks for the careful recording Rod), the records published last week have now been updated. We are keen to locate any missing open records. If you can supply these they will be included

A list of 50+ Records was published in 1995. A much modified list follows. Comment and updates will be appreciated.

### CALLIOPE 50+ OPEN RECORDS

#### Women

100m C Waring 14.2 3/95  
 200m C Waring 29.83 7/95  
 400m C Waring 68.1 3/95  
 800m C Waring 3.17.0 3/95  
 1500m R Legge 7.21.87 2/05  
 3000m R Legge 15.05.93 1/05  
 5000m R Legge 25.45 3/05  
 10000m R Legge 54.03 3/05  
 LJ R Rooney 3.58 7/94  
 TJ R Rooney 7.27 3/94  
 HJ R Rooney 1.20 7/94  
 JAV R Rooney 15.96 3/94  
 SP R Rooney 6.71 3/94  
 DISCUS R Rooney 23.71 3/94  
 3000m G Mouldy (time and  
 Walk date to be confirmed)

#### Men

100m L Smith 12.9 12/93  
 200m L Smith 27.1 3/94  
 400m L Smith 59.4 3/94  
 800m L Smith 2.15.64 3/94  
 1500m B McLean 4.35.56 3/91  
 3000m K Kent 10.54.0 11/05  
 5000m R Ginn 17.30.0 2/94  
 10000m J Dwyer 38.10.03 3/93  
 LJ L Smith 4.97 7/94  
 TJ L Smith 11.04 3.94  
 HJ L Smith 1.53 7/94  
 JAV R Purdie 35.04 2/05  
 SP R Purdie 9.39 2/03  
 DISCUS R Davis 26.58 11/07  
 3000m M Parker 13.46.68 3/10  
 Walk

### CALLIOPE CLUB CHAMPIONSHIP RECORDS

	<u>Senior Women</u>	<u>Senior Men</u>	<u>Masters Women</u>	<u>Masters Men</u>
100m	K Morgan 13.9 2/84	W Ormerod 11.6 2/73	E McGregor 14.8 2/85	R Purdie 12.4 3/95
200m	D Houghton 28.2 3/79	D Norris 23.45 3/76	E McGregor 31.4 3/85	R Orr 25.9 3/89
400m	K A Stewart 64.5 2/83	D Norris 50.0 3/76	E McGregor 64.3 2/85	L Smith 57.4 2/83
800m	P Bruner 2.26.0 3/80	D Norris 2.01.0 3/76	C Smith 2.34.24 3/96	G Pearce 2.12.4 3/94
1500m	P Bruner 5.15.0 3/79	W Ormerod 4.01.1 3/74	C.Smith 5.10.53 3/96	B McLean 4.28.0 3/81

3000m	C Smith 11.48.0 2/95		C Smith 11.09.63 3/96	
5000m	C Cobbam 22.47.5 3/86	W Ormerod 14.49.6 3/76	H Gaeta 21.10.3 3/85	R Joy 16.03.0 3/85
10000m		T Marcu 31.49.6 3/76	Y Jarvis 48.48 3/01	R Joy 32.59.3 3/85
H J	K Morgan 1.51 2/83	G Anderson/ W Harnell 1.81 3/82 3/93	P Wilkinson 1.25 3/93	R Purdie 1.63 3/94
L J	A Wilkins 4.46 3/54	G Anderson 6.23 3/83	E McGregor 4.39 2/86	R Purdie 5.44 2/99
T J	L Burkett 8.50 2/83	M Hill 13.18 3/75	E McGregor 8.90 3/85	R Orr/ L Smith 10.99 3/89 2/94
Shot	N Morris 10.50 2/84	D Williams 12.28 3/74	E McGregor 7.64 3/86	R Purdie 9.39 2/03
Discus	G Brooks 37.55 3/76	D Norris 33.60 3/76	R Rooney 23.71 3/94	R Orr 28.33 3/89
Javelin	N Morris 30.05 2/84	T Scheirlinck 38.04 2/87	E McGregor 22.30 3/86	R Purdie 39.40 3/95

#### CALLIOPE ATHLETICS OPEN CLUB RECORDS

	<u>Senior Women</u>	<u>Senior Men</u>	<u>Masters Women</u>	<u>Masters Men</u>
100m	D Houghton 13.0 11/77	P Carrigan 11.0 12/72	C Waring 14.2 3/95	R Purdie 12.0 7/94
200m	D Houghton 27.8 11/77	D Norris 23.45 3/76	C Waring 29.83 7/95	R Purdie 24.97 3/93
400m	K A Stewart 63.3 3/83	D Norris 48.1 2/77	E McGregor 64.3 3/85	R Purdie 54.55 3/93
800m	K A Stewart 2.25.1 2/83	D Norris 1.48.74 6/77	C. Smith 2.33.72 2/96	B McLean 2.03.7 12/80
1500m	P Bruner 4.27.4 2/80	D.Norris 3.44.3 3/78	C Smith 4.59.0 11/97	B McLean 4.12.86 1/81
3000m	P Bruner 9.50.2 2/80	R Weatherley 8.25.0 10/73	C Smith 11.09.63 3/96	R Barker 9.22.9 12/86
5000m	H Gaeta 19.29.9 3/83	R Weatherley 14.42.8 2/73	H Gaeta 21.10.3 3/85	R Joy 16.03.0 3/85
10000m	H Gaeta 40.13.3 5/82	S Thomson 30.14.0 1/79	Y Jarvis 48.48 3/01	R Joy 32.59.3 3/85
H J	K Morgan 1.51 2/83	G Anderson/ W Harnell 1.81 3/82 3/93	P Wilkinson 1.25 3/93	R Purdie 1.63 3/94
L J	N Walker 4.85 1/65	G Anderson 6.23 3/83	E McGregor 4.62 11/85	R Purdie 5.55 3/94
T J	L Burkett 8.50 2/83	M Hill 13.18 3/75	E McGregor 8.90 3/85	L Smith 11.28 2/86
Shot	N Morris	D Williams	E McGregor	R Orr

	11.42 12/83	12.28 3/74	7.65 3/86	9.45 3/89
Discus	N Morris 42.94 3/84	R Tupp 39.93 1/63	R Rooney 23.71 3/94	R Orr 28.33 3/89
Javelin	N Morris 34.10 2/84	J Fue 50.28 11/86	E McGregor 22.30 3/86	M Hall 41.66 2/84