



# Calliope Capers

## 9<sup>th</sup> August 2023



Well done to all who endured the Heritage Run last Wednesday, in miserable, cold conditions with a side dish of hail. It was a testament in perseverance.

### Suggested Wednesday Runs:

With the Osbourne Cup looming a reminder to send any recent 5K times to the calliope email, so they can be included in the official ~~race-burglar~~ handicapping calculations.

#### Aug 9: The Dales - down Birkdale / up Eskdale

Aug 16: Osborne Cup: Team event with 1 or 2 laps of 1.8k.

Aug 23: Beach Haven return (Kohn Cup route with spot PRIZES)

Aug 30: Coronation/Ocean View

If you have any other suggested routes, please email Calliope (see below)

### Upcoming Events:

#### Aug 20: Ak Road and Race Walk Championships GP5

Sept 16: Auckland Road Relay Championships

Sept 16: Blue Lake Relay and/or

Sept 17: Redwoods Forest Relay

Sept 30: NZ Road Relay Championships, Christchurch

ROTORUA. [BLUE LAKE RELAY](#) and [REDWOODS FOREST RELAY](#), Saturday 16 and Sunday 17 September

The Ambassador and Aura motels are booked for the above weekend. Confirmation of names and numbers are needed by 9 August for allocation of rooms and teams.

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### Calliope News:

A reminder that if you are competing, either seriously or for fun, or you know of something newsworthy or worth celebrating we want to hear about it, with photos if you have them. So, send your results, news and anecdotes to the Calliope email address below.

#### Calliope Half Marathon and Marathon Trophies:

A reminder also for those hoping to be in the hunt for the Calliope Marathon and Half Marathon trophies. To be eligible:

- You must be a current financial member of Calliope
- You must compete in your Calliope uniform
- The race must be recognised as an official event (please ask if you are unsure whether your event qualifies)
- **Please ensure you notify the committee of your result. While we endeavor to check major events, if we do not know you are competing we may miss your result**

#### Calliope Hoodies and T-Shirts: From Fiona

Emmie has sent through some more options for hoodies - there has been a request for lighter shirts - and specifically ones that do not have a seam running down the nipple line for the lads.

I quite like these, but want to seek your advice before proceeding: The Tasman option might be the better one for lightness as it's only 150gm.

These hoodies look alright too for the second run, it's a bit different to the ones you all have: <https://www.aussiepacific.co.nz/collections/mens-hoodie>

Keen to hear your thoughts, you might like to look at the other options too. I've sent the two shirt options to Lionel who was asking about the lighter shirts just to seek his thoughts about them for crowd sourcing info :-)

- Obviously we cannot see these in the Capers, but will send with them out with the Capers for feedback prior to making a decision

#### Tamaki 5K, 10K and Half Marathon: From Cam

That was a lot of fun on a cool morning in the glorious sunshine. I was wanting to test the pace in my legs so signed up for the Tamaki River Half Marathon.

It was pretty low-key with around 200 taking part in the half, 10k or 5k events. It was 2 out-and-back laps on the eastern banks of the Tamaki River. The bluebird morning

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meant perfect running conditions. It was a really enjoyable route with a few energy sapping rises, and some fun twists and turns.

I noted 2 Calliope vests - I finished 7<sup>th</sup> and 1<sup>st</sup> Vet (gosh I'm getting old to be in the vets now) in 1hr 23m 44s, and Garth in 4hr 4m. They set off a pack of runners / walkers an hour ahead of the main start and the 10k and 5k runners after the half start so it was nice to get multiple points to offer and receive encouragement from fellow runners.

- Well-done Cam, love the description of a *bluebird morning*, and well-done Garth!

### Get to Know Your Clubmate:

It seemed only fitting that this week learn a little bit more about Gaye, beyond the super committee member. **This week's Get to Know Your Clubmate is... Gaye Green.**

1. What are your early sporting memories, and what got you into walking?

I was never into sports. I played recreational badminton when the children were young. Later I joined a group doing day hikes around the bush tracks of Auckland.

2. How did you come to join Calliope and what memories do you have from that time?

I worked with Lee Stevens (Murray's wife) who encouraged me to come to Calliope and walk with the wives/partners of the runners. In 2000 the Auckland Marathon was being run over the Harbour Bridge. A group of walkers decided it was a chance to walk over the bridge doing a half marathon which we completed. As we had done a lot of training and effort for the one-half marathon, we decided to do Kerikeri half marathon 3 weeks later. It was the start of doing various half marathons and other events. A few years later Athletics NZ allowed walking teams to be in the National Relays, Feilding and Nelson. The teams included men. Two teams were winners at Nelson.

3. Tell us about some memorable moments in your walking career that you are particularly proud of, or stood out for you

I always enjoyed walking the Kerikeri half marathon which I did for 8 or 9 years. It was a fun weekend and it included the runners.

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The Round Lake Taupo and Ekiden relay round Lake Rotorua are two relays that have memorable moments. My leg of the relay for Lake Taupo was at 2am round the back towards the Tihoi turn off. It was pitch black, the other walker was some distance in front and there were no support cars at the time when I heard this rustling noise. It was a bit frightening until next minute two girls' voices were calling out support for me. Phew!

4. Who is your favourite sportsperson/people and why?

I don't have a favourite sportsperson.

5. Tell us something about yourself that other members may not know

The walkers trained on a Saturday morning. We still meet but there only about 3 of the original walkers. Others have joined and express the friendliness and encouragement of the group. Numbers vary from 5 to 12 or more. There is always coffee at the end.

Line dancing is my main exercise now and Bridge is my body relaxing time but taxing the brain.

### In Other News:

The English Football season is upon us again. One Rodney Barker will be cock-a-hoop this week with his beloved Arsenal having thrashed English Premier League Champions Manchester City 4-1 on penalties in the Charity Shield, with the game having ended 1-1 after extra time. No doubt Rod will be hoping this is a sign of things to come. It must be your shout, Rod!

Arsenal takes on Peter Jonkers Nottingham Forest in their first game of the new season, so the author of the Capers will be hoping to repeat last season's win over Arsenal.

Perhaps the most excited member of Calliope this week though is Carl, whose Luton Town secured Premier League promotion for the first-time last season and take on Brighton and Albion. To put some context to this, only 10 years ago Luton were playing in the fifth tier of English football – outside of the Football League – after a brutal 20-year span in which the club suffered five relegations, three administrations, and was penalised with 40 total points worth of deductions. Good luck Carl.

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Keeping with the football theme, while the Football Ferns sadly exited the Women's Football World Cup after narrowly going out in the group phase, we wish our Australian, English, French, and Swedish members, and friends of Calliope good luck. All are through to the quarter finals where Sweden will face off against Japan, Australian play France, and England play Colombia.

A big shout-out to former member and Calliope friend Sophie Carlon over in France, who no doubt will be hoping the *Les Bleues* can get the better of Australia.

### Kiwi Athletes in the News:

We should begin today with athletes, but not athletics, we need to celebrate some new World Champions in other sports and worthy place getters.

At the UCI World Championships in Scotland Erice Van Leuven, Poppy Lane and Sacha Earnest went 1-2-3 for New Zealand in the women's junior downhill competition. That was followed by Ellesse Andrews winning Kerin Gold and becoming the first New Zealand winner of a UCI World Sprint title.

In the pool 19-year-old Erika Fairweather took bronze in the Women's 400m Freestyle. Her time of 3:59.59s makes Erika just the 5<sup>th</sup> women ever to break the 4-minute barrier for the event.

In athletics it was a relatively quiet week internationally as events taper off prior to the Athletics World Championships about to begin in Budapest, Hungary. The Championships run from Saturday, 19 August to Sunday, 27 August. Former Calliope member and honorary 'Old Buggar' Geoff Shaw is on the ground in Budapest for the event.

New Zealand have now confirmed the athletes selected for the World Championships. The complete list is:

**Women:** Zoe Hobbs (100m), Georgia Hulls (200m), Rosie Elliott (400m), \*Portia Bing (400m hurdles), Eliza McCartney (Pole Vault), Olivia McTaggart (Pole Vault), Imogen Ayris (Pole Vault), Maddi Wesche (Shotput), Lauren Bruce (Hammer), Tori Peeters (Javelin)

**Men:** Tiaan Whelpton (100m), James Preston (800m), Brad Mathas (800m), Sam Tanner (1500m), George Beamish (3000m steeplechase), Hamish Kerr (High Jump), Jacko Gill (Shotput), Tom Walsh (Shotput), Connor Bell (Discus)

\*Portia Bing has earned a conditional selection for the 2023 World Athletics Championships.

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### 4<sup>th</sup> August, Citius Meeting, Bern, Switzerland

In what may be her final outing before the World Championships, Zoe Hobbs finished 2<sup>nd</sup> in the 100m in 11.13s.

### 4<sup>th</sup> August, Stabhochsprung Meeting, Jockgrim, Germany

In an all-Oceania podium Eliza McCartney finished 2<sup>nd</sup> in the Pole Vault in 4.53m with Imogen Ayris 3<sup>rd</sup> on countback, also with 4.53m. The event was won by Australian Nina Kennedy in 4.73m.

### 5<sup>th</sup> August, Folksam Grand Prix, Malmö, Sweden:

James Preston finished 3<sup>rd</sup> in the 800m in a shabby 1:45.90s. This is just 0.6s off James's PB. Connor Bell finished 2<sup>nd</sup> in the Discus with 63.90m. I expect for both James and Connor this may be their last outing before the World Champs.

## Today in History: August 9<sup>th</sup>

**48 BC:** Caesar's civil war: In the battle of Pharsalus - Julius Caesar decisively defeated Pompey at Pharsalus and Pompey flees to Egypt.

**681:** Bulgaria is founded as a Khanate on the south bank of the Danube, after defeating the Byzantine armies of Emperor Constantine IV south of the Danube delta.

**1173:** Construction of the Tower of Pisa began. Even though it took them two centuries to complete they still couldn't get it straight.

**1483:** After 4 years on his back Michelangelo finally got a day off when that most glorious of buildings the Sistine Chapel opened in the Vatican.

**1803:** Robert Fulton tested his steam paddle-boat on the River Seine, France, only to have it sink.

**1815:** Napoleon Bonaparte sailed into exile to the island of Elba on board British ship the Northumberland.

**1842:** The US-Canada border was defined in the Webster-Ashburton Treaty by drawing a wonky line along the 49<sup>th</sup> parallel.

**1848:** The US Barnburners (anti-slavery) Party merged with the Free-Soil Party and together nominated Martin Van Buren for president. The Barnburning Free Soiler went on to become the 8<sup>th</sup> President of the United States.

**1877:** Henry Morton Stanley's party reached Boma, Congo, after 999 days, losing half of the 228 members.

**1898:** Germany's Rudolf Diesel obtained patent #608,845 for his internal combustion engine, later known as the diesel engine.

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**1902:** Edward VII of Great Britain was crowned King of the United Kingdom and the British Dominions, succeeding his mother Queen Victoria

**1930:** Canadian Percy Williams broke the world 100m record running 10.3 sec. Percy was the 1928 Olympic 100m and 200m champion and the 1930 British Empires Games Champion.

**1936:** Helen Stephens claimed the women's sprint double at the Berlin Olympics winning the 100m and as part of the victorious American 4 x 100m relay team

**1936:** One of the greats, Jesse Owens won gold as part of the American 4 x 100m relay team in world record (39.8) at the Berlin Olympics; his 4th gold medal of the Games.

**1936:** Korean nationals Sohn Kee-chung won gold and Nam Sung-yong bronze representing Japan in the Berlin Olympic Marathon.

**1942:** Mahatma Gandhi and 50 others arrested in Bombay after passing of a "quit India" motion and campaign by the All-India Congress

**1945:** US dropped the second atomic bomb "Fat Man" on Nagasaki, Japan, destroying part of the city... and so many lives

**1965:** Singapore separated from the Federation of Malaysia and gained its independence

**1966:** The Beatles released their "Yellow Submarine" single and its album "Revolver" in the US

**1974:** Richard Nixon resigned as President of the United States. Vice President Gerald Ford swore the oath of office and took his place as the 38th US President

**1979:** English seaside resort Brighton got Britain's 1st nude beach. Go Brighton!

**1984:** Daley Thompson of Great Britain scored 8,797 points to win the Olympic decathlon in Los Angeles; later recognised as the world record

**1984:** Valerie Brisco-Hooks beat fellow American Florence Griffith to win the 200m gold at the LA Olympics; completing the 200-400m double

**1992:** Cuban boxer Félix Savón wins the first of 3 consecutive Olympic heavyweight gold medals when he dominates Nigerian David Izonritei on points at the Barcelona Games

**1992:** Future 6-weight boxing world champion Oscar De La Hoya of the US beats German Marco Rudolph on points to win the lightweight gold medal at the Barcelona Olympics

**1992:** Record temperature in Berlin-Dahlem 37.4°C. To put that in context, despite recent temperatures further south in Europe, Berlin has only been in the low 20's

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**2012:** Jamaican sprint superstar Usain Bolt won the 200m at the London Olympics in 19.32 to become first to win 100/200m double in back-to-back Olympics

**2017:** Who could forget, a giant inflatable chicken resembling US President Donald Trump was placed outside US White House as a political protest

**2020:** New Zealand marked 100 days without community transmission of COVID-19. Hurray for us!

**2020:** The disputed Belarusian presidential election saw long-time dictator Alexander Lukashenko officially win 80% of the votes but unofficially lose 60-70% of the votes to main opposition candidate Sviatlana Tsikhanouskaya. Sparks widespread protests in Belarus and international condemnation.

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