



CALLIOPE CAPERS

22 FEBRUARY 2017

TONIGHT 22 February - Club Champs

Full Club uniform to be worn.

10,000m

If you are a walker (excl Mike Parker) or a runner who is likely to take longer than 70 minutes to complete the distance, your start time will be **6pm**

If your estimated time is 70 mins or less your start time will be **6:30pm**.

NEXT WEEK 1 March

Club Champs: 200m Long Jump 800m

BEACH HAVEN COMMUNITY FUN RUN and WALK - Sunday 5th March 2017

As we have done for the last two years Calliope has once again signed up to assist the Beach Haven Fun Run and Walk team. Now there is a need to put your names forward.

It is a fun day and a really good promoter for the club. If we end up with more people than we need to marshal it would be great to see some of our runners running the course and trooping the colours.

If you have not already put your name forward please email Jamie Wotherspoon at

Jamie.wotherspoon@aon.com

All money raised goes to the development of the track network in the Birkdale / Beach Haven area. Most importantly the event is growing year after year and there are considerable resources allocated to it, so it is a great opportunity for our club to spend a day raising the profile of our club as the "local club".

SATURDAY MORNING OFF ROAD CASUAL RUN

We've still got a group of keen runners who turn up on a Saturday morning for an off-road run. Good company and good coffee afterwards. Please let Sandra know if you would like to be put on the email list for Saturday morning runs, if you are not already.

AUCKLAND MASTERS ATHLETICS CHAMPIONSHIPS – Sunday 19 February

Sunday was the final day of the **Auckland Masters Athletics Championships**. Most fields were not large, in the 1500m there were just 15 competitors men and women all age-grades, although in the throws they needed to use the circles at each end simultaneously. Bruce competed in the discus and javelin (8.80m and 7.42m) for 2nd out of two in the M75 grade.

RESULTS 15 February 2017

Club Championships. There is a mistake in the table last week for the discus. Bill's correct percentage is 30.66% and points earned 5, not 1.

Results from 15 Feb follow. Both Mike and Tyrell scored wins and the series is shaping up to be close after another couple of weeks. Six of thirteen events have been completed.

The points allocations for DNF and equivalents may need checking against the original agreements especially if points are very close at completion of the series.

Event points		Time	Age%		Event Points		Height	Age%
Club Champs 100m					Club Champs High Jump			
10	Natasha Gordon	14.98	73.00%		10	Mike Shaddick	1.35m	63.08%
10	Tyrell Jaggard	18.18	72.77%		10	Natasha Gordon	1.15m	60.00%
7	Mike Shaddick	15.21	69.03%		7	Tyrell Jaggard	0.80m	54.79%
10	Daniela Rourke	20.33	59.52%		10	Daniela Rourke	0.80m	46.78%
5	Murray Stevens	22.62	59.06%		0	Paul Davis ##	1.20m	0.00%
7	Chris Barker	25.21	58.91%		5	Bruce McLean	0.00m	0.00%
3	Bill Fell	24.51	57.24%		7	Chris Barker	0.00m	0.00%
1	Bruce McLean	41.85	32.21%					
0	Paul Davis ##	15.95	0.00%					

Does not qualify

Natasha's percentages are estimated and rounded

Points to date with all events counted are for the leading guys Tyrell on 44, Murray 26, Mike and Bill each on 17. With the girls Chris and Daniela are equal, both on 51 points.

Tonight we have just one event – the **10000m run/walk**. Here as a guide are the times the current contenders will need to run/walk to achieve a nominal percentage performance of 65%. Last year Mike Parker won this event on 84% and will be competing tonight but he is recovering from the effects of a stroke and probably won't get to this same high level.

Mike Shaddick	0:43:58
Martin Fey	0:44:03
Daniela Clark	0:51:48
Tyrell Jaggard	0:59:40
Garth Barfoot	1:07:09
Chris Barker	1:11:31
Mike Parker	1:13:40
Werner Schmidt	1:18:23
Murray Stevens	1:25:42
Bruce McLean	1:26:26
Bill Fell	1:30:09

WORLD MASTERS GAMES

There has been some confusion with NZ Masters Athletics advising their members that entries closed by the WMG people last Thursday. That is not correct. The official close-off is still March 3rd. However some events have been capped; we do not know which ones. For instance the Javelin has 170 entries and there are logistics with this not the least being finding enough officials and the time required to hold events with large numbers. What they have apparently done is last Thursday they closed-off entries for some events and for these they have created waiting lists. After the official close on March 3 they will review the situation and if they are able to take more entries these will be allocated from the waiting lists.

AUCKLAND TRACK CHALLENGE, Sunday 26 February

This Sunday at the Millennium stadium Apollo Drive, Rosedale the **Auckland Track Challenge** is being held including the Men's Shot Put (Tom Walsh, Jacko Gill and the Olympic champion) and Women's Pole Vault (Eliza McCartney). No doubt the Herald will have some publicity in their Friday Sport supplement. Provisional programme is as follows. It should be an exciting meeting to watch.

2:30pm Children's Relays

3:00pm The People's Mile

3:45pm Men's Shot Put

4:45pm Harcourts Cooper & Co Women's Pole Vault

6:23pm Women's 100m

6:30pm Women's 400m

6:37pm Men's 400m

6:44pm John Walker U20 Men's Mile

6:56pm Sileni Estates Men's 800m

7:03pm Sileni Estates Women's 800m

7:10pm Men's 5000m