



# CALLIOPE CAPERS

5 JUNE 2019

*Don't forget to wear high viz vests or lights.*

## SUGGESTED WEDNESDAY RUNS

<b>05 June</b>	<b>Eskdale Hill</b> 7.63km, 9.11km, 10.94km, 12.72km	<b>12 June</b>	<b>Park Hill – Balmain - Porritt</b> 4.49km, 8.15km, 9.10km
<b>19 June</b>	<b>Twin Views</b> 10.49km, 12.28km, 13.67km	<b>26 June</b>	<b>Twin Wharves</b> 5.46km, 6.96km, 10.46km
<b>03 July</b>	<b>Verbena – Park Hill (all hills)</b> 6.72km, 9.46km	<b>10 July</b>	<b>Triple Wharves</b> 5.47km, 6.98km, 10.43km, 11.76km

## UPCOMING EVENTS

8 June	Athletics Auckland Grand Prix 3, Barry Curtis Park, East Tamaki
22 June	Athletics Auckland Grand Prix 4, Long Bay
20 July	Athletics Auckland Grand Prix 5, Barry Curtis Park, East Tamaki
25 August	Athletics Auckland Grand Prix 6, Bruce Pulman Park, Papakura
5 October	National Road Relay, Fielding

There is **no** Red Stag Relay in Rotorua this year. It has been put into recess for 2019.

## ATHLETICS AUCKLAND GRAND PRIX SERIES

The committee has agreed that the Club will refund entry fees for the Athletics Auckland Grand Prix series. The member is to be a full registered member of Calliope competing in a club singlet and complete four of the six Grand Prix races (5 cross country and 1 road). Fees will be refunded at the end of the series.

## ATHLETICS TRACK and FIELD PRIZEGIVING POSTPONED

The prizegiving for the summer season is postponed until the results are finalised. A new date will be advised as soon as results are known.

## **NATIONAL ROAD RELAY CHAMPS, 5 October 2019, FIELDING**

The date for this event is Saturday 5th October and is in Fielding this year. It is a road relay that runs around the environs of Fielding. This is a fantastic event and always a FUN weekend. Members need to be a fully paid competitive member. The Club pays for the race entry, van and \$200 towards accommodation. Gary Carmichael is a starter. Please put your name on the notice board to join him to make up a team or email [calliope.birkenhead@gmail.com](mailto:calliope.birkenhead@gmail.com)

## **HUNTLY HALF MARATHON – Garth Barfoot**

This is the second time at the new course, fast and flat on quiet roads beside the Waikato river which remained invisible because of the heavy fog that did not lift till the race ended.

Numbers were up, 428 finishers (runners and walkers) compared with 312 finishers last year. Next year will be their 30th so they are hoping for even more. Calliope runners however were almost invisible though Mike Shaddick did make it as part of the race crew. One who did make the finish was Garth running his first race since his birthday two days earlier. He told the crowd that finishing in sub 3 hours, even if only by a mere 11 seconds, was a great start to his 84th year, especially as it was a way better than his previous two Huntly times, 3h 18m in 2018 (same course) and 3h 21m in 2014 (hilly coal mine course).

