



CALLIOPE CAPERS

12 JUNE 2019

Don't forget to wear high viz vests or lights.

SUGGESTED WEDNESDAY RUNS

12 June	Park Hill – Balmain - Porritt 4.49km, 8.15km, 9.10km	19 June	Twin Views 10.49km, 8.15km, 9.10km
26 June	Twin Wharves 5.46km, 6.96km, 10.46km	3 July	Akoranga Station Distance TBA
10 July	Pie & Jug 6.72km, 9.46km	17 July	Triple Wharves 5.47km, 6.98km, 10.43km, 11.76km
24 July	Verbena - Park Hill (all hills) 6.72km, 9.46km	31 July	Heritage Run

UPCOMING EVENTS

22 June	Athletics Auckland Grand Prix 4, Long Bay
20 July	Athletics Auckland Grand Prix 5, Barry Curtis Park, East Tamaki
25 August	Athletics Auckland Grand Prix 6, Bruce Pulman Park, Papakura
5 October	National Road Relay, Feilding

There is **no** Red Stag Relay in Rotorua this year. It has been put into recess for 2019.

As there is no formal Red Stag Relay in Rotorua this year, the committee discussed asking members if they would be interested in going to Rotorua and doing the Red Stag relay track amongst members. This would be the annual club family weekend away as for previous years. It would be the weekend of 6/7 September. If you are interested please let a committee member know or email calliope.birkenhead@gmail.com

NATIONAL ROAD RELAY CHAMPS, 5 October 2019, FEILDING

The date for this event is Saturday 5th October and is in Feilding this year. It is a road relay that runs around the environs of Feilding. This is a fantastic event and always a FUN weekend. Members need to be a fully paid competitive member. The Club pays for the race entry, van and \$200 towards accommodation. Gary Carmichael is a starter. Please put your name on the notice board to join him to make up a team or email calliope.birkenhead@gmail.com

RESULTS GRAND PRIX 3, East Tamaki, 8 June 2019

Natasha Gordon	19:48	4/4	4000m	WU20
Simon Mace *	30:20	2/11	8000m	MM40
James Clendon	33:04	4/11	8000m	MM40
Greg Arnold	41:13	11/15	8000m	MM50
Garth Barfoot	1:05:50	6/7	8000m	MM65+

* Simon Mace ran for Owairaka

ATHLETICS AUCKLAND GRAND PRIX SERIES

The committee has agreed that the Club will refund entry fees for the Athletics Auckland Grand Prix series. The member is to be a full registered member of Calliope competing in a club singlet and complete four of the six Grand Prix races (5 cross country and 1 road). Fees will be refunded at the end of the series.

FEES

Fees are now overdue. They needed to be paid by 31 May 2019 to be eligible for trophy or club trips away.

Fees to be paid online to Athletics NZ Ltd on their website: www.athletics.org.nz

ATHLETICS TRACK and FIELD PRIZEGIVING POSTPONED

The prizegiving for the summer season is postponed until the results are finalised. A new date will be advised as soon as results are known.