



CALLIOPE CAPERS

29 JANUARY 2020

TONIGHT 29 January 2020 Club Champs begin

5000m Walk

Full Club uniform to be worn to qualify for Club Champs events

NEXT WEEK Wednesday 5 February 2020 Club Champs

1500m

Shot Put

Long Jump

Full Club uniform to be worn to qualify for Club Champs events

NORTHCOTE TAVERN RUN/WALK.

6.15pm for walkers and 6.30pm for runners. Gold coin donation and spot prizes.

An extremely warm Anniversary Monday evening saw 23 people sign in.

Split was: 13 Walkers / 10 Runners

It certainly was hot work getting around the course. A massive thank you to Northcote Tavern for providing plenty of chilled water.

RESULTS 22 January 2020

Event /Place	Name	Time /distance	Event /Place	Name	Time /distance
1500m including Tim Hutchings Trophy			400m		
1	Simon Mace	4:56:39	1	Natasha Gordon	1:11:00
2	James Clendon	4:58:90	2	Christine Western	1:52:22
3	Martin Fey	5:43:57	3	Tyrell Jaggard	2:09:15
4	Natasha Gordon	5:51:37	4	Murray Stevens	2:26:53
5	Cinnamon Gazzard *	8:47:58	5	Cherie Carmichael	2:33:81
6	Tyrell Jaggard	9:05:68	6	Grant Simmonds	2:44:05
7	Sinead Bowie *	9:25:12	7	Bill Fell	2:44:87
8	Christine Western (w)	10:03:58			
9	Murray Stevens (w)	10:11:73	Discus		
10	Grant Simmonds (w)	10:17:25	1	Grant Simmonds	24.16
11	Cherie Carmichael (w)	12:40:33	2	Cinnamon Gazzard	11.62
12	Bruce McLean (w)	13:09:48	3	Tyrell Jaggard	10.6
13	Bill Fell (w)	13:46:22	4	Natasha Gordon	10.25
			5	Bill Fell	8.88
			6	Christine Western	8.72
			7	Cherie Carmichael	8.49
			8	Bruce McLean	8.26
			9	Sinead Bowie	6.86

* Not eligible for trophy