



CALLIOPE CAPERS

12 FEBRUARY 2020

TONIGHT 12 February 2020 Club Champs

100m

High Jump

Full Club uniform to be worn to qualify for Club Champs events

NEXT WEEK Wednesday 19 February 2020 Club Champs

10000m

Full Club uniform to be worn to qualify for Club Champs events

NORTHCOTE TAVERN RUN/WALK.

6.15pm for walkers and 6.30pm for runners. Gold coin donation and spot prizes.

Another stunning Monday evening saw 58 people sign in. Split was 35 Walkers / 23 Runners

Conditions were perfect to enjoy the course.

Once again great to see you all and fantastic to see people enjoying a refreshment after the spot prizes.

RESULTS 5 February 2020

Event /Place	Name	Time /distance	Event /Place	Name	Time /distance
1500m			Shot Put		
1	Natasha Gordon	5:43:46	1	Grant Simmonds	7.60
2	Cinnamon Gazzard	7:58:97	2	Cinnamon Gazzard	6.01
3	Sinead Bowie	8:24:08	3	Sinead Bowie	5.24
4	Christine Western (w)	10:18:14	4	Murray Stevens	5.18
5	Grant Simmonds (w)	10:20:39	5	Bill Fell	4.77
6	Murray Stevens (w)	10:22:50	6	Christine Western	4.75
7	Bruce McLean (w)	12:51:09	7	Cherie Carmichael	4.59
8	Chris Barker (w)	13:06:79	8	Chris Barker	4.30
9	Bill Fell (w)	13:32:30	9	Bruce McLean	3.97
10	Cherie Carmichael (w)	13:38:99			
11	Garth Barfoot (w)	14:53:60	Long Jump		
12	Tyrell Jaggard	DNF	1	Natasha Gordon	3.95
			2	Grant Simmonds	3.32
			3	Cinnamon Gazzard	2.64
			4	Sinead Bowie	2.06
			5	Christine Western	2.00
			6	Chris Barker	1.37
			7	Cherie Carmichael	1.03
			8	Bill Fell	0.90
			9	Bruce McLean	0.80

Detailed results are attachments.

BEACH HAVEN FUN RUN, Sunday 15 March 2020

Once again Calliope is assisting with marshalling of the Beach Haven Fun Run on Sunday 15th March. We need approximately 20 people to ensure we have marshalls in key positions and have people on hand at the Calliope tent during the event. Usually this will take about 4 hours of your time.

Further details will be provided closer to the day.

If you or your friends and family are able to help please email Peter (pjonkers@oss-group.co.nz) or Jamie (jamie.wotherspoon@aon.com) or come and see us on a Wednesday night. If you marshalled last year and would like the same marshalling position please let us know.

Last weekend were the third and fourth sessions of the **Auckland Track and Field Championships** and Bruce competed in three events in the MM75 grade. Being the only competitor in his age-group in these three he won a couple of titles.

In the discus four of his six throws were legal his best being 8.17m. In the Javelin he could only manage 6.71m and three of his throws were not legal; the rules are applied far more diligently than we do at Calliope. In the 3000m race-walk there was one Male Master (Bruce) two senior women and four under-age competitors. One of the judges knew Bruce and introduced him to these other competitors, something Bruce does not recall ever happening to him before! "This man in the sixties or seventies before any of you were born designed the best running singlet Wellington Scottish had ever had" However, again, in the race Bruce got disqualified for not meeting the rule on locking the knee but he did get to 500m from the finish this time before the three breaches.

Coatesville Half Marathon

Sunday was the 3rd race out of 5, for the half marathon series, this was held at Coatesville and its known to be a hilly, tough and hot race. Weather was perfect for the start, a little cool and not too sunny, but this soon become the usual, very hot and sunny. Calliope had a few of the usual suspects out there.

21k

Mike S - 01:49:13

Sophie - 01:51:57 *ran in Club uniform

Michael J - 02:18:43 (pacing @ 2:20)

Sandra - 02:18:43 (pacing @ 2:20)

8k

Garth - 01:23:57

Associates

Vicki Skill (21k) - 01:50:27



Coatesville Half Marathon

Photos supplied by Garth

Coconut Shy Championship 2020

Veteran thrower Chris Barker takes her turn in this event. Coconuts are very expensive this time of the year so the committee decided to use Rod's head as a substitute. Some bystanders were concerned that he was not wearing the protective headgear required by the IAAF rules but his response was "we have known each other for some 40 plus years, she has never split my head open before, why would she now?"



SHOT PUT CHAMPIONS 2020



Grant Simmonds

Sinead Bowie

