



CALLIOPE CAPERS

20 MAY 2020

Update

Well, it's been good to get a couple of group runs in with various people, even if we are ducking and diving to implement social distance. I had my post-lockdown haircut yesterday, so that'll cut down a bit of drag. So far we haven't approached the magic number of ten, so no awkward moments. I have this question; are runners as bad at projecting their moist breath as choirs or opera singers? I'll leave that for you to ponder and maybe ask a scientist.

FYI we are in discussion with the cricket club about opening up when appropriate numbers are permitted under the current alert level. Hopefully, a decision can be made quite quickly following the government advisory on Monday 25th May. Having taken advice from Athletics NZ there will be a Covid Safety plan in place, which all club night attenders will have to abide by. We will commence each evening with a health and safety chat about that. So watch the email and Facebook for information as it comes to hand.

I hope you have been enjoying your walk or run as the pleasant autumn weather continues. I guess there's a trade-off. Nice weather = water shortage. So enjoy that weekly shower and filthy car. I think the thing is in these weird times is to stay healthy and injury free, not busting a gut to get ready for some race that may or may not happen. Run for mental health or just for the heck of it. Who needs a reason?

However, I was so thankful to get three decent off-road races in by March this year. But I'm happy to wait for the next one as long as it takes. The upside for Calliope is we can enjoy our winter harriers events as they will surely fall within the numbers limit....? Yet I'm taking nothing for granted.

Meanwhile, let us look forward with hope to the time we can celebrate our club 90th anniversary together, and get a bit more into the usual swing of things. Don't forget those relays in October - remember how much you love relays!

Cheers, Martin

UPCOMING CLUB EVENT - Rotorua EKIDEN Relay - Saturday 17 October 2020

The committee are committed to doing the Ekiden relay as a social event for the club. Families are included and can enter in the team for the event.

The Rotorua Ekiden is a fun team relay run or walk around beautiful Lake Rotorua. Rotorua Ekiden welcomes people of all fitness levels and abilities to sign up for this marathon distance event. Rotorua Ekiden is broken down into six achievable legs for a team, ranging from 3.24km to 9.27km.

Check out: <https://ekiden.co.nz/>

The Ambassador Motel is booked for Calliope for Friday and Saturday nights. Do you wish to participate in this team relay and/or be a support please email Bev Steward beverley.steward@gmail.com with name(s), wish to be part of a team, run or walk.

NINETY NOT OUT

Come July, Calliope will be 90 years young, one of the oldest harriers and athletics clubs in the land. Let's hope we get to have a proper face to face party before the end of 2020! In the meantime, we would appreciate any brief reminiscences, anecdotes, incriminating photos or notable memories of the club to be shared with the club email, calliope.birkenhead@gmail.com by way of leading us into a time of remembering and celebration. Committee will edit contributions as needed. We will compile them and do a special edition of the Capers at an appropriate time. This will be particularly helpful for relative newbies such as myself. None of us were around in 1930, but we can appreciate the history and anticipate a good future for Calliope in the coming years.