



CALLIOPE CAPERS

10 JUNE 2020

Don't forget now that it's dark to wear high viz vests or lights.

SUGGESTED WEDNESDAY RUNS

10 June	Balmain/Chelsea View/Porritt	17 June	Sylvan/Coronation
24 June	The Kiwi	1 July	Eskdale
8 July	Pie & Jug	15 July	Twin Wharves

Covid alert level 1:

Current guidelines at Covid alert level 1 enable us to continue meeting together on Wednesday evenings at 6.30pm and for the foreseeable future. Physical distancing and gathering size restrictions have been removed. However, please be sensitive to those still concerned about personal space for various reasons, including health vulnerability.

Covid precautions we should sensibly retain at club under level 1 are;

- hand hygiene
- coughing into your elbow
- awareness of 'high touch' surface cleaning (we have a handy kit for this)
- staying away from club activities and seeking medical advice if we have flu/cold symptoms
- maintaining a dated record of our club attendance with the resources provided, or a personal diary note

Thanks for your patience, hope to see you soon...

UPCOMING EVENTS

27 June	Athletics Auckland Grand Prix 4, Long Bay
11 July	Ambler Shield
25 July	Kohn Cup
29 July	Heritage Run 18k
13 September	Athletics Auckland Road Relays Champs, Bruce Pulman Park, Papakura
5 October	National Road Relay, Feilding

FEES

The Club has set the following subs for the coming year (1 May 2020 to 30 April 2021). Calliope will subsidize this season and take zero profit. The club will only collect Athletics NZ/Auckland fees. **These need to be paid by 30 June 2020 to be eligible for trophy or club trips away.**

Age as at 31 December 2020

Competitive

15 – 19 years	Fees - Paid by Calliope
20 – 65 years	Fees \$91.00
Over 65	Fees \$91.00

Non Competitive

Social	Fees \$61.00
Volunteers	Fees NIL

REGISTRATION AND FEES TO BE PAID ONLINE TO ATHLETICS NZ LTD

REGISTRATION PROCESS

- 1) Go to website www.athletics.org.nz
- 2) Go to 'community' under the top tabs and that will bring up a drop down 'Club Affiliation/Sign up/Club Net Access'. This will bring up a link to renew membership
- 3) If current member "LOG IN" (on right).
 - a) Will require email address and password.
 - b) Select "Renew" on top right of Member Home page
 - c) Select "Athletics Auckland" from drop down menu
 - d) Select "Calliope" from drop down menu
 - e) Select "Register"
 - f) Select appropriate subscription and proceed with "next"
 - g) If user information correct proceed through online payment.
- 4) New Member
 - a) Select "Registration"
 - b) proceed as from 3c above.

UPCOMING CLUB EVENT - Rotorua EKIDEN Relay - Saturday 17 October 2020

The committee are committed to doing the Ekiden relay as a social event for the club. Families are included and can enter in the team for the event.

The Rotorua Ekiden is a fun team relay run or walk around beautiful Lake Rotorua. Rotorua Ekiden welcomes people of all fitness levels and abilities to sign up for this marathon distance event. Rotorua Ekiden is broken down into six achievable legs for a team, ranging from 3.24km to 9.27km.

Check out: <https://ekiden.co.nz/>

The Ambassador Motel is booked for Calliope for Friday and Saturday nights. Do you wish to participate in this team relay and/or be a support please email Bev Steward beverley.steward@gmail.com with name(s), wish to be part of a team, run or walk.

NINETY NOT OUT celebrate on Saturday 1 August

Come July, Calliope will be 90 years young, one of the oldest harriers and athletics clubs in the land. To celebrate, the Function Room, Birkenhead RSA, Recreation Drive is booked for Saturday 1 August, 4pm – 7pm for mix and mingle. Finger food provided. There is a bar. If you know of past members please let them know.