



CALLIOPE CAPERS

7 AUGUST 2019

Don't forget to wear high viz vests or lights.

SUGGESTED WEDNESDAY RUNS

7 August	Heritage Run (Change of date) 18km 6pm Start	14 August	Eskdale Hill 3km, 7.7km, 9.1km, 10.9km, 12.8km
21 August	Twin Views 5.5km, 10.5km, 12.3km, 13.7km	28 August	Balmain/Porritt 5.4km, 6.3km, 11.7km

UPCOMING EVENTS

10 August	Osbourne Cup
17 August	Bathurst Cup
25 August	Athletics Auckland Grand Prix 6, Bruce Pulman Park, Papakura
5 October	National Road Relay, Feilding

OSBORNE CUP, Saturday 10 August

Meet at **1.30pm** cnr Hinemoa St and Brassey Rd, Birkenhead so handicapping can be done. Race starts at **2pm**.

Club uniform and membership required to qualify for the cup.

Teams: Either two or three person teams. Staggered start. Each runner runs one loop of approximately 1.8km around Hinemoa and Palmerston Roads. **Handicapper** on the day to determine how many in a team.

Background: The cup was donated by Mr E.J.Osborne, Mayor of Birkenhead between 1936 and 1953 & Patron of Calliope Harrier Club for almost as long, the Osborne Cup Road Relay event was first contested in 1936. The event has been held on the current Hinemoa based circuit we know as our time trial course since 1986.

Records: One lap (1750 metres): P.Jonkers 5m 42sec
Two laps (3.5 km) R.Jonkers 11m 03sec

Competitors: To give their estimated times to the handicapper on the day; given there is no handicapping tool at present being utilised.

Criteria: Competitors cannot complete their race course faster than 15 seconds (from estimated time) ie; if teams of two, no faster than a total of 30 seconds from their combined time. If faster, **disqualified**.

Result: The last to finish competitors will finish within 30 seconds of each other.

Safety: Given the close finishing times of competitors in this instance, recommend a **Marshall** be placed at both ends of Rugby Road. Traffic can wait 30 seconds if all goes according to plan. Marshalls are to have a safety vest & flag.

NEW PERCENTAGE Points Allocation Systems

The Committee at the meeting on 8 July 2019 agreed to the following:

New Percentage points allocation systems

Athletics point allocation will now be based upon the age graded percentage an athlete scores during an event, this is the ONLY thing to change, all other aspects are not changing.

An athlete will still be age graded for a percentage using the world masters factors.

The best 8 events, (2 field events) are still used.

Their placing in the event, such as 1st, 2nd etc is exactly the same.

Score allocation: 1st place will not get 10-pts, the score given to each athlete is a direct translation of the percentage they scored in the event. If 55.2% is the age grade, then 55.2pts are given.

Some reasons for this:

- It gives a fairer based system, where everybody competes in their own age grade and are not penalised when somebody who is not taking part in the whole season, but runs in a race and then takes 10pts from someone who is competing in the whole season.
- Somebody who performs well but is 5th in a race, is now 9pts behind somebody who is only marginally faster in i.e 100m, but it will take a further 4 race wins to be equal.
- If somebody "just takes part for a point" and doesn't put any effort into the event, they get 1pt while somebody trying their best can still get 1pt. Somebody who just turns up for the 1pt will now score a low percentage and that will reflect in the score earned.

ANNUAL DONUT RUN: Sunday August 25; 7:30 am start from Little and Friday café, Eversleigh Rd, Belmont. Approximately 15 km with shorter and longer options available. Enjoy a well-earned donut in the cafe afterward

AUCKLAND COUNCIL CONSULTATION ON THE KAIPATIKI LOCAL PARK MANAGEMENT PLAN

The Kaipātiki Local Board are seeking feedback to help them write a management plan for Auckland Council parks in the area. This includes parks in Beach Haven, Birkenhead, Chatswood, Bayview, Birkdale, Northcote, Northcote Point, Glenfield, Hillcrest and Totara Vale.

They are very keen on getting your views on the future of your parks. Check out www.aucklandcouncil.govt.nz/haveyoursay for more information or to give feedback; or you can email at this Kaipatikilpmp@aucklandcouncil.govt.nz address.