



# CALLIOPE CAPERS

29 AUGUST 2018

## WEDNESDAY NIGHT RUNS

Maps can be found here

<https://www.calliopeahc.org/running-routes-road.html>

August 29<sup>th</sup>

Road – Twin Views (aka The Kiwi)

September 5<sup>th</sup>

Road – Sylvan – Oceanview- Coronation

## Membership Fees

A reminder that club membership fees are now long overdue, fees are meant to be paid **before the end of May** each year.

The instructions to pay your fees are found on the club website

[https://www.calliopeahc.org/uploads/4/6/3/2/4632467/online\\_registrations\\_instructions.pdf](https://www.calliopeahc.org/uploads/4/6/3/2/4632467/online_registrations_instructions.pdf)

There are still some people still outstanding as of this date.

## Final Results of Winter Season Grand Prix Series

Final placings are determined by each competitor's five best placings from the six events in the series					
Grade	Total competitor in Grade	Competitors who completed five races		Place	Points
WU18	35	9	Natasha Gordon	6	435
MW55	7	4	Sarah Fairley	4	486
MM40	16	4	Simon Mace	2	495
MM60	9	4	Steve Fairley	2	495

Steve's second place was particularly memorable because he was only two points behind the winner Gavin Stevens of University. Gavin had a first and five seconds. Steve had two firsts a second and three thirds. In the results both Steve and Sarah are recorded as University as since the Series started both had to join University club and re-register with them so that they are able to compete in the Akaroa relay next month.

Simon is registered with Owairaka and is a social member of Calliope.

## **Donut Run**

Sunday, August 26th saw the third running of the annual Donut Run, which is thinly disguised as a training run for the Devonport half marathon but is really just an excuse to eat yummy donuts. A baker's dozen of keen Calliopeans met bright and early on Sunday morning at Little and Friday cafe for a run that takes in the highlights of the Bayswater green route, Devonport village, and North Head (including the scary dark tunnels) before finishing back at the cafe. The weather was great, the running was greater, and the donuts at the end were the greatest.



## **Richard King**

Richard was at the start line for the Cornwall 5km Park Run on Saturday. The ground was wet and very slippery and the organisers used the "Winter Course" to avoid all the muddy patches. Unfortunately about 50m after the start line, Richard slipped and fractured his foot. We wish him a speedy recovery.