



CALLIOPE CAPERS

5 SEPTEMBER 2018

WEDNESDAY NIGHT RUNS

Maps can be found here <https://www.calliopeahc.org/running-routes-road.html>

September 5th

Road – Sylvan – Oceanview- Coronation

Birkenhead War Memorial Park Grandstand Demolition Update

The pricing for the demolition of the grandstand is due to be received by the end of this week (7 September) for awarding contracts hopefully by the end of the following week. The contractors could possibly start in the last week of September at the earliest but it is more likely to be early October.

RED STAG RELAY, Rotorua, Saturday 8 September. Accommodation at Ambassador Motel

NORTH SHORE MARATHON

Sunday morning was the North Shore Marathon / Half Marathon which saw a handful of Calliopeons taking part.

The weather was reasonable for the majority of the race, but quickly turned very bad with strong head winds for the return leg and heavy heavy rain, and then the rain decided to stop and allow the sun to reappear for the finish line. Total contrast for those starting the full 42.2km in total pitch darkness and head lamps required until sunrise. The course this year was a new one and has been described by the seasoned runners as a tough course, including 8 beaches and twice up and around north head for the FULL and of course half that for the HALF.

Georgina completing her first ever half marathon race, a new PB set, and James deciding the course was too tough and took a fall at 10k at the back end of North head and tried to use his face as a brake, luckily the peak of his cap acted as a crash barrier and took the worse, he also suffered other injuries and we wish him well and a speedy recovery.

Marathon		Half Marathon	
Mike Shaddick	04:43:30	Peter Cordes (running for YMCA)	01:44:53
Daniel Nicolson	05:12:10	Georgina (first ever half and new PB)	01:51:47
5km Run			
Heath Nicolson (Daniel's son, first ever 5k, new PB)	00:37:13	Michael J (pacing @ 2.20)	02:18:30
Stephanie Nicolson Daniel's wife, first 5k in a long time)	00:48:13	Garth	03:34:57
		James (face plant at 10k)	DNF

Just after the start of the full marathon runners



Closure in Kaipatiki reserves to prevent kauri dieback - John Gillon - Kaipatiki Local Board

From 3 September the Kaipatiki Local Board is temporarily closing a number of bush tracks as a pre-emptive measure to help protect our vulnerable kauri trees from kauri dieback disease. The tracks are likely to be closed for 3 to 6 months, and while they are closed, the tracks will be assessed and prioritised for upgrading or re-routing. Cleaning stations will also be installed where possible. The tracks will then be re-opened as soon as they are up to the new standard.

The following tracks are now temporarily closed:

- * Birkenhead War Memorial Park - Track from Birkenhead Ave (via cemetery) to next two intersections closed.
- * City View Reserve - Reserve closed.
- * Chatswood Reserve - A number of tracks closed to protect high value kauri. Commuter route remains open.
- * Fernglen Reserve - Tracks at entrance that contain large kauri are closed.
- * Hadfield Street Reserve - Unofficial tracks in the upper part of reserve closed.
- * Kauri Glen Reserve/Cecil Eady Reserve - A number of tracks closed, with school access route remaining open.
- * Kauri Park - Reserve closed on 27/8/18. All tracks closed.
- * Leigh Scenic Reserve - All tracks closed.
- * Le Roys Bush Reserve - Track from Hinemoa Street and Le Roy Terrance to intersection with main track closed to provide protection for high-value kauri.
- * Lynn Reserve - Track from Leigh Scenic Reserve to first intersection closed.
- * Muriel Fisher Reserve - Reserve closed on 27/8/18. All tracks closed.
- * Odin Place Reserve - Reserve closed.
- * Rangatira Reserve - One unformed track closed to protect stand of mature kauri.

Other tracks are currently being assessed, so there could be further temporary closures.

NEWS FROM NAPIER.

As the following has got nothing to do with running, some of you should stop reading now. A few months back, Jan and I went with a group of oldies to "The Farm" which overlooks Cape Kidnappers. The Farm provides VERY expensive accommodation.

We were taken by bus which travelled on a sealed road through typical NZ farmland, once we had passed through the security gate at the roadside. Further in was another predator stop gate, this one in a protector fence. The reason for this is that the Farm reputedly has over 120 kiwis on site. The actual accommodation building was amazing. We were given a mini tour, there being numerous lounges, sitting rooms, libraries, dens etc most with large fireplaces, and all orientated to a sea view over the golf course.. Within the basement was a cellar plus a gym. This gym looked as if it had never been used and I was told by our tour guide that the only reason they had one so it could be available for guests.

We also had a looksee at one of the rooms., all of which have wide sea views. We were visiting during the off season and rooms were available starting at \$3200 per night with a minimum stay of two nights. I was told of a New York family of 5 who stayed for a week, costing \$13000. That's \$13000 per night!!! One name that was "dropped" as a guest, Sir Paul McCartney, Our bus driver also ran a mini bus and limousine service and told me, we would all be surprised at the number of private aircraft coming into Napier with the owners staying at The Farm.

The main part of our visit was the lunch. All I can say is the presentation was first class and the food tasted divine.

One thing I found unusual, was the resort having a tennis court but no swimming pool.

After lunch we bussed to the resorts golf club. The club house was built in the same style as the resort, using lots of big heavy timbers and beams. In the club shop most merchandise was not priced- if you have to ask, you cannot afford it! The cost to play at the time we were there was in excess of \$500 for overseas visitors and for common New Zealanders over \$200.

Then it was back home, mainly for a lie down. And why? We were off to Scholars Restaurant at the Eastern Institute of Technology for dinner, but that's another story.

All for now.

John R

Dun Run, Nelson 1 September – Malcolm Fisher

A visit to Nelson to catch up with family coincided with the annual 26 km Dun Run, organised by Nelson Events. The run starts at Maitai Dam about 10 km east of the city and follows a good track up the valley toward Coppermine Saddle. After 6 km the route leaves the bush and climbs with zig-zags through the scrub and tussock of the mineral belt to the 878m saddle, with Dun Mountain brooding in the background. The track then follows the alignment of New Zealand's first railway all the way down to Brook Valley in the outskirts of Nelson. Before the track re-enters the bush there are great views of nearby Richmond Range and distant Kahurangi peaks.

This year, because of a large slip near the site of Third House, the route diverted along a lovely undulating beech forest ridge to Fringed Hill where there was a stunning view of Nelson far below. From here a very steep descent took us back to the railway formation at Four Corners, followed by 6km of easy running (for those with good legs) to the finish.

It cost \$65 to enter and a great lunch of railway pie, mash and peas was included. Good value. For the same price about 40 runners opted for a new, longer 39 km course which began in the city, with an earlier start, and followed cycleway, road and track to the dam and then the traditional route. The fastest time for this category was 3h25m. People over 70 were not eligible for this option, luckily, or I might still be there!

190 entered the standard route. The fastest time was 2h08m and my son Brendon, who came up from Christchurch, came in 16th at 2h36m. Daughter Sarah, doing her first run since giving birth to twins 10 months ago, was 122nd at 3h37m, and I muddled along, mindful of insufficient training, to 162nd position at 4h09m, way behind in the 60+ category.

Next year will be the 25th Dun Run. Anyone tempted? Thinking of the good aspects, I might be!