



CALLIOPE CAPERS

12 DECEMBER 2018

TONIGHT 12 December 2018

1 mile run and 1 mile walk

Harriers Prizegiving and end of year Christmas Party

A light meal will be provided during Harrier Prizegiving. To celebrate the festive season please wear something with a Christmas theme.

As per last year, a **donation** will be made to the **Auckland City Mission**. Please bring a non perishable food item or an unwrapped gift for the donation. On their website they ask for non-perishable food items such as canned fish, canned vegetables (green beans, corn, tomatoes), canned fruit, spreads (marmite, peanut butter), rice, pasta.

NEXT WEEK Wednesday 19 December 2018

Meet at Northcote Tavern for a 6.30pm run/walk.

Restart Wednesday 9 January 2019

1000m

Javelin

200m

NORTHCOTE TAVERN RUN/WALK

Lovely Summer's evening on Monday saw 79 people sign in. 36 Walkers and 43 Runners. Our Spreadsheet has grown to 214 names!!

Next Monday Evening - 17th December will be our final event for the year. We encourage everyone to dress up in a Christmas theme. There will be extra spot prizes for dress up. Northcote Point Tavern have kindly donated us some extra prizes. Lets have some fun and add the festive spirit to the streets of Northcote Point with our dress up. The course will be run in reverse.

See you all next Monday night for our Christmas Run/Walk.

Seasons Greetings

The Calliope Club Committee wish all members and supporters a safe and happy festive season – enjoy your families and return safely in 2019.

RESULTS 5 December 2018

3000m Walk			200m		
1	Mike Parker	18:20:25	1	Anton Overy	28:60
2	Martin Fey	20:33:57	2	Benjamin Overy	29:95
3	Peter Jonkers	20:34:48	3	Natasha Gordon	30:59
4 =	Anton Overy	20:39:35	4	Grant Simmonds	31:20
4 =	Benjamin Overy	20:39:35	5	Janica Ilagam	32:13
6	Murray Stevens	20:57:57	6	Tyrell Jaggard	42:74
7	Daniela Rourke	20:58:87	7	Mike Shaddick	43:48
8	Alan Moore	21:32:11	8 *	Freya	47:77
9	Natasha Gordon	21:55:71	9	Bill Fell	62:82
10	Werner Schmidt	22:11:37			
11	Grant Simmonds	22:41:70	Discus		
12	Paul Rourke	24:32:91	1	Grant Simmonds	23.66
13	Chris Barker	27:32:91	2	Martin Fey	18.54
14	Mike Shaddick	28:04:49	3	Anton Overy	18.34
15	Tyrell Jaggard	30:49:93	4	Mike Shaddick	14.60
	Bill Fell	DNF	5	Benjamin Overy	10.92
	Bruce McLean	DNF	6	Chris Barker	8.73
	Allan Lamb (Runner)	13:20			
	* Non scoring				