



CALLIOPE CAPERS

21 February 2018

TONIGHT Club Champs

10000m

A prediction is that at 7pm in Auckland on Wednesday the temperature will be 22 degrees with no rain and a wind speed of 21k. It will be interesting to see how accurate that is. The event will be 32 laps plus 400m and lap scoring will be accurate, so be prepared to cover the full distance.

IF YOU ARE LIKELY TO TAKE LONGER THAN 70 MINUTES, THE RACE WILL START

AT 6PM SHARP. FOR ALL OTHERS START TIME IS 6.30PM. Club uniform to be worn. Rumour has it that Allan has resigned his job so that he can be there, so see you on the start line Allan!

NEXT WEEK 28 February 2018

200m

Discus

800m

Full club uniform must be worn to score in all club championship events

GRAEME WELLS BUSH BASH, Saturday 24 March at 2pm

The Graeme Wells Bush Bash will be held on Saturday 24 March at 2pm from the Clubrooms. This race started in 2014 in memory of Graeme Wells, a keen bush runner and life member of Calliope. The course changes slightly each year but takes place in our local bush, Birkenhead War Memorial Park. Runners estimate their time over one or two laps and the runner home closest their estimated time wins. Timing devices cannot be worn and club singlets do not need to be worn.

WEDNESDAY NIGHT ALTERNATIVE RUNS

February 21st

Road – Sylvan – Oceanview – Coronation

Bush – Chatswood – Bush to Sea

February 28th

Road – Twin Views

Bush – Le Roys – Bush to Sea

ALBANY LAKES

The next events are to be held:

Sunday 25th February and

Sunday 25th March

Why not come and join and see what it is all about.

RESULTS 14 February 2018

The Club Champs is in full swing with the results of the 100m and High Jump making the final outcome even more uncertain. In the women's race to the title Chris added to her chances by souring effortlessly over the bar to score maximum points and the highest percentage on the night. Similarly Jill achieved the best percentage in the 100m to remain close behind Chris in total points to date. Paul was in top place percentage wise in the men's high jump narrowly ahead of arch rival Allan who may rue not making the start of the 100m where he had to concede 7 points to Paul in an event which he may well have won on percentage. Allan, the choice is between your job and the club champs, an easy decision to make as you can always get another job but you only have one chance at the honour and glory and prestige of being able to say "I was 2018 Calliope Senior Men's Champion!" Bill wisely refused to attempt the high jump as the mats were too high for him to reach.

Unlike everyone else Natasha scores 10 points every time she starts, not surprising considering she is the only competitor in her category. However her percentages are very good as she was second best in both the 100m and the high jump. Garth created history by running his first ever 100m. Well done Garth even although you have reported it is also your last.

Club Championships – 14 Feb 2018							
Percentages are taken from the WMA age-factors for ages as at 31/1/2018, using the Grubb calculator. 10 points awarded for the highest percentage, 7 for second, 5 for third, 3 for fourth, 1 point for others.							
100m				High Jump			
Points			Age %	Points			
10	Jill Peate-Hall	16.72	76.44%	10	Chris Barker	0.80	65.57%
10	Simon Mace	14.97	68.87%	10	Allan Lamb	1.15	60.85%
7	Paul Rourke	16.97	68.12%	7	Paul Rourke	1.05	57.38%
5	Bevan Lynch	14.57	67.47%	7	Jill Peate-Hall	0.90	56.60%
7	Chris Barker	25.97	57.91%	5	Bruce McLean	0.70	49.65%
5	Daniela Rourke	22.10	55.34%	5	Daniela Rourke	1.05	47.34%
3	Bill Fell	26.38	54.02%	10	Natasha Gordon	1.15	58.67%
1	Bruce McLean	32.45	42.13%				
1	Garth Barfoot	35.65	40.98%				
10	Natasha Gordon	15.30	70.72%				

The under-age grade Calliope championships are not scored on age-graded percentages and the percentages shown for Natasha are for comparison purposes only. However, the calculated percentages at the under-age grades are still reasonably valid for comparison purposes.

After six events in our championships and counting all of them Chris leads the ladies with 47 points from Jill 44 and Daniela 36. Paul leads the guys on 32 from Allan 31 and Mike 25.

The two highest percentages achieved in the **Club Champs 10000m** last year were 76.02% and 72.14%. The year before 84.66% and 76.17%. Before that 83.42% and 77.79%. These percentage levels are beyond the current capability of most of our members however this chart shows the performances required for most of the championship competitors this year to achieve 65% tonight. Manageable for quite a few.

Allan Lamb	0:48:20
Bevan Lynch	0:41:12
Bill Fell (w)	1:31:37
Bruce McLean (w)	1:28:03
Chris Barker	1:12:48
Daniela Rourke	0:52:18

Garth Barfoot	1:08:58
James Clendon	0:44:03
Jill Peate-Hall	0:55:52
Mike Parker (w)	1:14:28
Murray Stevens (w)	1:26:57
Natasha Gordon	0:47:18
Nick Hall	0:48:43
Paul Rourke	0:49:31
Simon Mace	0:45:08

BEACHHAVEN FUN RUN Sunday 11 March 2018

As we have done for the past three years Calliope has once again signed up to assist the Beachhaven Fun Run and Walk team.

We need Calliope members (and friends) to help with marshalling. We require 18 marshalls. Usually it's all done by midday.

People can email Jamie or Peter to confirm their availability and a sheet will be handed around for names.

pjonkers@oss.co.nz

jamie.wotherspoon@aon.com

It is a fun day and a really good promoter for the club. If we end up with more people than we need to marshal it would be great to see some of our runners running the course and trooping the colours.

All money raised goes to the development of the track network in the Birkdale / Beach Haven area. Most importantly the event is growing year after year and there are considerable resources allocated to it, so it is a great opportunity for our club to spend a day raising the profile of our club as the "local club".

AUCKLAND CHAMPIONSHIP

Mike Parker won the **Senior Men's 3000m track walk** at Saturday's Auckland Championships held at Mt Smart. His time, 15:57.54, was a big improvement on his previous seasons best of 17:01.87 recorded at the Oceania Masters Championships in Dunedin last month. On the age-graded tables this achievement is a very high 86.89%. Mike was pleased with this latest result as it indicates his fitness is on the improve. It was also satisfying to get a win over Lyndon Hohaia who up to Saturday's race had beaten Mike three out of three this season

RIVERHEAD RAMPAGE- Saturday 10th March

This exciting off road trail running and walking event starts at Riverhead Primary school and goes through the beautiful Riverhead forest in North-West Auckland. All money raised goes to Riverhead Primary School to promote healthy and active lifestyles.

The distances are 5km, 10km walk or run or 21km run either by yourself or as a team with your favourite walking/running buddies. The 21km event starts at 0900 and the 5 and 10km events start at 0930 with pre-event registration on the Friday afternoon before the event or on race day. Prize giving will be held at 1330 at Hallertau Brewbar and Restaurant.

So far Sandra and Mike have entered this event - this will be a lovely day out in the Riverhead forest.

ART DECO WEEKEND, NAPIER

Christine Western met with John Rhodes while she was in Napier for the Art Deco weekend. John reports:

Christine won "Best Dressed Female, Vintage Car Club , Art Deco Event"

Been very hot. Saturday we went into Napier to watch the air display and vintage car parade. Our car thermometer recorded 35 degrees. Men wearing suits including waist coats whilst some women even had furs !

BIRKENHEAD WAR MEMORIAL PARK

The War Memorial Redevelopment has been put forward as the number 1 item for the Kaipatiki board/region. The Mayors 10 year budget is to be opened for **submissions** between **28th Feb and 28th March 2018** We need to support this in the form of written submissions at both a Calliope level and as individuals. Although a submission in support from Calliope will carry weight (and we should do one) it is the support by way of submissions from individual community members that will have the best chance of a positive funding outcome. Calliope needs every member of the Club to make a written submission in support of the Kaipatiki Boards redevelopment of the War Memorial facilities and grounds. The Birkenhead War Memorial Park is the most significant multi-use sporting and community facility in our region bare none and has been woefully under funded. We must take this opportunity to get in behind it.

The next workshop is this Saturday 24th February. This will begin to focus on actual outcomes working towards a final plan/design later in the year.