



CALLIOPE CAPERS

24 JULY 2019

Don't forget to wear high viz vests or lights.

SUGGESTED WEDNESDAY RUNS

| | | | |
|-----------|---|-----------|---|
| 24 July | Verbena – Park (All Hills) 5.47km, 6.98km, 10.43km, 11.76km | 31 July | Sylvan/Oceanview/Coronation 6.3km, 7.9km, 9.3km, 11.3km |
| 7 August | Heritage Run (Please note change of date) 18km 6pm Start | | |
| 14 August | Eskdale Hill 7.3km, 7.7km, 9.1km, 10.9km, 12.8km | 21 August | Twin Views 5.5km, 10.5km, 12.3km, 13.7km |
| 28 August | Balmain/Porritt 5.4km, 6.3k, 11.7km | | |

UPCOMING EVENTS

| | |
|-----------|--|
| 27 July | Kohn Cup and AGM |
| 10 August | Osbourne Cup |
| 17 August | Bathurst Cup |
| 25 August | Athletics Auckland Grand Prix 6, Bruce Pulman Park, Papakura |
| 5 October | National Road Relay, Feilding |

KOHN CUP. Saturday 27 July 2019, 12.30pm at Clubrooms.

Meet at Clubrooms at 12.30pm with an estimate of your 5km road time and elect which leg 1 or 2 of the race to run. Race start at 1pm, to be completed by 2.30pm

This race is a teams event – 2 people per team. Each member runs 1 leg of the race.

Leg 1 – 5.3km mostly downhill. Leg 2 – 5.1km mostly uphill

Club uniform and membership required to qualify for the cup.

No uniform, no paid membership and/or late arrival can run as a guest runner

Handicapping will be fastest and slowest to be paired, then in descending time order (paired).

Race Volunteers: Paul Rourke and Sara Arnold

CALLIOPE AGM Saturday 27 July 2018, 3pm, Cricket Clubrooms

The AGM is on Saturday 27 July at 3pm at the Cricket Clubrooms after the Kohn Cup. Bar will be open.

Nominations for the officer positions are now closed, however, ordinary committee positions can be accepted on the day.

RESULTS GRAND PRIX 5, Saturday 20 June 2019 at Barry Curtis Park, East Tamaki

| | | | |
|--------------|----------------|-------|-------|
| WU20 | | | |
| 4/4 | Natasha Gordon | 32:07 | 6000m |
| MM65+ | | | |
| 8/9 | Garth Barfoot | 50:06 | 6000m |
| MM40 | | | |
| 3/8 | James Clendon | 34:34 | 8000m |
| MM50 | | | |
| 9/11 | Greg Arnold | 41:44 | 8000m |

VOLUNTEERS for Calliope Events

There is a list circulating of the Calliope Run Events that volunteers are expected to assist set up. Would you please put your name down for one or more of the events. Don't leave it to the same ones as they also want to participate in the events.

PEST FREE KAIPATIKI. Kauri Dieback and use of the Local Bush Tracks

Pest Free Kaipatiki are facilitating some sessions on Kauri Dieback and the use of the local bush tracks. Calliope has been invited to participate.

The understanding is that these meetings will be discussing track closures and track upgrades and the priority each track will be given. It is a chance for Calliope to have some input. Different Reserves will be discussed on various dates as follows:

Tuesday 23 July: Chatswood, Le Roys, Kauri Glen (inc Cecil Eady)

Thursday 25 July: Leigh/Lynn, Rangatira, Eskdale, BWMP

Venue: Fernglen Native Plant Gardens

36 Kauri Rd, Birkenhead

Time 7pm - 9.30pm

If anyone would like to represent Calliope please register at

kauridieback@pestfreekaipatiki.org.nz

RED STAG RELAY

As there is no formal Red Stag Relay in Rotorua this year, the committee discussed asking members if they would be interested in going to Rotorua and doing the Red Stag relay track amongst members. This would be the annual club family weekend away as for previous years. It would be the weekend of 6/7 September. If you are interested please let a committee member know or email

calliope.birkenhead@gmail.com

FEES

Fees are now overdue. They needed to be paid by 31 May 2019 to be eligible for trophy or club trips away and voting at the AGM.

Fees to be paid online to Athletics NZ Ltd on their website: www.athletics.org.nz

ATHLETICS TRACK and FIELD PRIZEGIVING POSTPONED

The prizegiving for the summer season is postponed until the results are finalised. A new date will be advised as soon as results are known.

NATIONAL ROAD RELAY CHAMPS, 5 October 2019, FEILDING

The date for this event is Saturday 5th October and is in Feilding this year. It is a road relay that runs around the environs of Feilding. This is a fantastic event and always a FUN weekend. Members need to be a fully paid competitive member. The Club pays for the race entry, van and \$200 towards accommodation. Gary Carmichael is a starter. Please put your name on the notice board to join him to make up a team or email calliope.birkenhead@gmail.com