



Calliope Capers

26th July 2023



Welcome to the first PG (post Gaye) Capers. As you will have noted over the last few weeks, we have introduced a few new sections. We encourage input from members so if you have anything you would like to contribute, such as an event you have attended or contested, or something you think other members may be interested in, we would welcome that. If there is a Club Member or favourite Athlete you would like to see profiled for the *Get to Know your Clubmate* or *Athlete Spotlight* sections which will be included from time to time, send an email and let us know.

Suggested Wednesday Runs:

Aug 2 - Heritage run: 6pm start for 18k

Aug 9 - The Dales: down Birkdale/ up Eskdale

Aug 16: Osborne Cup: Team event with 1 or 2 laps of 1.8k.

Aug 23: Beach Haven return (Kohn Cup route with spot PRIZES)

Aug 30: Coronation/Ocean View

If you have any other suggested routes, please email Calliope (see below)

Upcoming Events:

July 29th: NZXC Champs & NZXC Relay Champs, Taupo

Aug 20: Ak Road and Race Walk Championships GP5

Sept 16: Auckland Road Relay Championships

Sept 16: Blue Lake Relay and/or

Sept 17: Redwoods Forest Relay

Sept 30: NZ Road Relay Championships, Christchurch

QUIZ NIGHT FOR BEACH HAVEN PRIMARY SCHOOL, Saturday 29 July

This is their major fundraising event for the year.

A table (up to 10 in a team) is set aside for Calliope. If you are interested in being in the team please contact Martin, email to calliope.birkenhead@gmail.com.

Stay in touch:	
Website:	https://www.calliopeahc.org/
Facebook:	https://www.facebook.com/groups/Birkenheadrunning/
Facebook Messenger Group:	Calliope convo
Email:	calliope.birkenhead@gmail.com



Calliope Capers

26th July 2023



ROTORUA. BLUE LAKE RELAY and REDWOODS FOREST RELAY, Saturday 16 and Sunday 17 September

The Ambassador and Aura motels are booked for the above weekend. Confirmation of names and numbers are needed by 9 August for allocation of rooms and teams.

Calliope News:

Calliope AGM:

This year's AGM has seen a mix of some old, and some new. Martin and Murray retained their roles as President and Treasurer respectively. We are enormously grateful for everything they continue to do for Calliope. Sandra has chosen to step-up and replace Gaye in the role of secretary. Those are big shoes to fill but we know if anybody can fill them, it's Sandra. We welcome Sara Duggan to the role of Club Captain replacing Narna, who has chosen to step down. Sara will do a great job and bring her unique style to the role. Joining Peter Jonkers and Jamie Wotherspoon (the old) onto the committee, are Sara Arnold and Bev Steward, who will bring their drive and energy.

The new committee is:

President:	Martin Fey
Secretary:	Sandra Haynes
Treasurer:	Murray Stevens
Club Captain:	Sara Duggan
Committee:	Peter Jonkers, Jamie Wotherspoon, Sara Arnold & Bev Steward

Departing the committee, we thank Narna for all his efforts as Club Captain. Ever loved and respected, Narna went the extra mile and had himself embossed with the Calliope Shield – just saying Sara D. Truly the epitome of a dedicated Club Captain.

Also leaving the committee this year is our adopted 'Kiwi', Alex. Not standing because you are about to deliver a mini-Alex and Ben, is about as good an excuse as you can get. We wish you well and hope to see you as often as you can, and thank you for the infectious enthusiasm you brought to the committee.

Last, but never least we bid farewell to our much-loved Gaye, who has chosen to step aside from her committee roles. Gaye has served Calliope for so long we could not find committee minutes without Gaye listed as a committee member. Indeed, there is

Stay in touch:

Website:	https://www.calliopeahc.org/
Facebook:	https://www.facebook.com/groups/Birkenheadrunning/
Facebook Messenger Group:	Calliope convo
Email:	calliope.birkenhead@gmail.com



Calliope Capers

26th July 2023



little over the last twenty years Gaye has not been involved with, such has been her length of service. The committee knows that over the next year, when we try to figure out how something used to get done, we will realise that it got done because Gaye did it. Gaye leaves the committee with the appreciation of all of us for her significant contributions. **Thankyou Gaye.**



Photo: Gaye imagining all the things she can do with the spare time she now has

The Bill Fell Award:

A new award this year in honour of 'Mr Calliope', Life Member, Bill Fell, who sadly passed way in 2022. Ever the larger-than-life character, Bill was synonymous with Calliope. Bill's values represented the best of friendship, commitment, loyalty, and dedication to our Club, and to the sport of harriers and athletics. This award goes to somebody who reflects these values.

The inaugural winner of the Bill Fell Award is Christine Nazer. Originally joining Calliope as a walker, over the last year Christine challenged herself to run the Queenstown Half Marathon without stopping. It's fair to say the journey for Christine has been so much more than that one event. Along the way Christine has set new Personal bests, made age group placings, formed new bonds and friendships, and contributed to the broader running community beyond Calliope, through the Northcote Tavern Fun Run and other events in which she is active as an organiser and competitor. In doing so Christine has demonstrated many of the values Bill held so dear. **Congratulations Christine**, and thank you Sara Duggan for such a worthy nomination!!

The Club wishes to thank Kathy and the Fell family for their support of this award, in Bill's memory. He is never far from our thoughts.

Stay in touch:

Website:	https://www.calliopeahc.org/
Facebook:	https://www.facebook.com/groups/Birkenheadrunning/
Facebook Messenger Group:	Calliope convo
Email:	calliope.birkenhead@gmail.com



Calliope Capers

26th July 2023



As this is an annual award presented at the AGM, nominations are open again. If over the next year you feel a Calliope member is deserving of this award, you can nominate them by emailing Calliope (email below) with a paragraph outlining why they should be considered for the award.



Photo: Christine (centre), with members of the Christine Nazer fan club

Calliope and Calliope-Friends in Competition:

Results AK XC Long Bay, GP4, Saturday 22 July 2023

Name	Distance	Time	Club	Place
James Clendon	4km	15:02	Owairaka	3/5
Steve Fairley	4km	18:25	University	3/5

Kiwi Athletes in the News:

It was another solid week for our Kiwi's overseas, interspersed with some exceptional performances from some other international athletes. While the Paris Olympic qualifications have recently been published, a number of our athletes are looking to lock in their place for the World Athletic Championships in Budapest, Hungary set to begin on August 19th by achieving the automatic standard, or being ranked in the top 30.

15th July, Coast2 Coast Meeting, Gold Coast, Australia:

Portia Bing is one of those New Zealand athletes looking to cement her place in the New Zealand side for Budapest. At 30 she continues to go fast in the gruelling 400M Hurdles, winning the Gold Coast meet in 56.67s.

Stay in touch:

Website:	https://www.calliopeahc.org/
Facebook:	https://www.facebook.com/groups/Birkenheadrunning/
Facebook Messenger Group:	Calliope convo
Email:	calliope.birkenhead@gmail.com



Calliope Capers

26th July 2023



18th July, Gyulai István Memorial, Székesfehérvár, 18 July, Hungary:

Tom Walsh continued his run of podium finishes without managing to get on the top step. Of course, when you're competing against Ryan Crouser that is never going to be easy. This time round Tom settled for 3rd with 21.85m to Ryan's winning 22.51m, and Joe Kovacs 22.06m.

19th July, XXXIV Arcobaleno, Celle Ligure, Italy:

Brad Mathas, another Kiwi athlete seeking to secure his spot in the 800m at the World Champs came home 4th in the Men's 800M in 1:46.23s. This continues a run of 1:46s 800m of late for Brad who must be looking to get back down into the 1:45s like he did in June.

Heptathlete Maddie Wilson finished 4th in the Women's 200m in a new PB of 25.06s, and then finished 2nd in the High Jump leaping 1.78M. Fellow Kiwi Heptathlete Imogen Skelton finishing 3rd in the High Jump with 1.75m.

20th July, Spitzen Leichtathletik, Luzern, Switzerland:

Nick Palmer set a new PB of 19.42m in finishing 6th in the Men's Shotput.

Zoe Hobbs continues to run well finishing 2nd in the Women's 100m in 11.08s.

Our Kiwi ladies were again to the fore in the Pole Vault with Eliza McCartney 2nd in 4.65m and Olivia McTaggart 8th in 4.45m.

While a bit down on her recent 63.26m National Record throw, Tori Peeters rounded out a solid meet for the Kiwi's finishing 3rd in the Women's Javelin with 60.83m.

21st July, Diamond League, 36th Herculis EBS, Stade Louis II Monaco, Monaco:

Perhaps the biggest news of the New Zealand athletics week came in the form of Geordie Beamish, who in only his sixth senior competition over the 3000m steeplechase, now finds himself the with a decision on his hands. Having already been selected for the 5000m at the World Championships, Geordie eclipsed Peter Renner's 38-year-old New Zealand National 3000M Steeplechase Record and set a new Oceania Record, finishing 5th in a high-class field in 8:13.26s. This time qualifies Geordie for both the World Championships, and next year's Paris Olympics. The race was won by 20-year-old Kenyan Simon Kiprop Koech in 8:04.19s. Of the 15 finishes in the race, 8 athletes set new PB's.

Other top results saw Karsten Warholm run the 4th fastest 400m Hurdles time in history winning in 46.51s.

Stay in touch:

Website: <https://www.calliopeahc.org/>

Facebook: <https://www.facebook.com/groups/Birkenheadrunning/>

Facebook Messenger Group: Calliope convo

Email: calliope.birkenhead@gmail.com



Calliope Capers

26th July 2023



Our Antipodean cousins also performed well with Nicola Olyslagers winning the Women's High Jump in 1.99m, with fellow Aussie Eleanor Patterson 4th in a season's best 1.96m. Brooke Buschkuehl finished 6th in the Women's Long Jump in 6.73m.

Without a doubt the event of the night was the Women's Mile. Having already broken World Record's this year in the 1,500m and 5,000m, Kenyan's Faith Kipyegon shattered the World Mile Record by almost 5s, and won the race by 7s in 4:07.64s. Such was the pace 12 of the 13 finishes set PB's, including a PB and Oceania Record to Australia's Jess Hull, who placed 5th in 4:15.34s, 1 place behind Britain's Olympic 1,500m Silver Medallist Laura Muir.

22nd July, Meeting Madrid, Estadio Vallehermoso, Madrid, Spain:

Lauren Bruce finished 3rd in the Women's Hammer Throw with 71.24m, a throw that must go some way to confirming her spot for Budapest. Undoubtedly, she is still looking for that big throw out towards her PB 74.61m, which would see her qualify automatically for the World Champs and for Paris.

A little-known fact (perhaps) is that while Lauren tops the New Zealand Women's Hammer Throw All Time list, one Valarie Adams sits in 7th with 58.32m. Valerie also happens to be 11th on the Discus list.

23rd July, Diamond League, London Stadium, London, England:

Sam Tanner ran another highly competitive 1,500m finishing 10th in 3:31.60s. This is Sam's 2nd sub-3:32s 1,500m in a row. The race was won by relative unknown American Yared Nuguse in 3:30.44s. A home Diamond League for the British, London once again reflected the current strength of British middle distance running with British athlete's finishing 3rd, 4th, 5th and 15th. It was also great to see a return to form for Tasmanian, Australian Stewart McSweyn, who finished 6th in 3:31.42s. Fellow Aussie Adam Spencer finishing 12th in 3:31.81s. In a highly competitive race only 1.5s separated 1st from 12th.

In the Men's Shotput Tom Walsh finally got that big throw out, finishing 2nd with his 4th best throw ever of 22.58m. Although Tom still had to settle for 2nd behind Ryan 'Colossus' Crouser who won with 23.07m, his 22.58m would have beaten Ryan the week before. Jacko Gill finished 5th with 21.22m as he strives to get back into the 22m throws.

Hamish Kerr must be beginning to wonder where the early season form has gone, again missing out on the big 2:30+m leap he is seeking. Hamish finished 6th in the High Jump in 2:24m.

Stay in touch:

Website:	https://www.calliopeahc.org/
Facebook:	https://www.facebook.com/groups/Birkenheadrunning/
Facebook Messenger Group:	Calliope convo
Email:	calliope.birkenhead@gmail.com



Calliope Capers

26th July 2023



Today in History: July 26th

1267: The inquisition was formed in Rome under Pope Clement IV, so as to allow the Catholic Church to impart its compassion and benevolence on its unsuspecting ~~Laymen~~ blasphemers and ~~Laywomen~~ witches

1533: Continuing on the theme from 1267, Francisco Pizarro ordered the death of the last Sapa Inca Emperor, Atahualpa

1609: English mathematician Thomas Harriot became the first person to draw a map of the Moon by looking through a telescope. This does seem like an obvious thing to do, but to be fair to Thomas the telescope had only recently been invented in 1608

1656: Such is human nature, Dutch painter Rembrandt van Rijn declared himself insolvent after living beyond his means and spending too much on artwork and rare items. As is sometimes the case this adversity led to the most experimental and exuberantly creative period of his career.

1755: That most amorous of Italian gentlemen Giacomo Casanova was arrested in Venice on crimes of an affront to religion and common decency, and was imprisoned in the Doge's Palace

1775: The US Continental Congress founded the United States Post Office (U.S.P.O.) in Philadelphia under Benjamin Franklin

1803: The Surrey Iron Railway, arguably the world's first public railway, opened in south London. This would go on to become part of the Wimbledon-West Croydon line

1847: Moses Gerrish Farmer built the 1st miniature train for children to ride

1865: With a cleverly disguised waft of the derriere in the direction of our more southern Kiwi's, Auckland convinced Parliament to move the capital of New Zealand, and therefore themselves, from Auckland to Wellington

1914: First Lord of the Admiralty (British Minister of Navy) one Winston Churchill ordered the British fleet to remain in state of readiness as threat of war in Europe grows

1917: J. Edgar Hoover gets his first job in the US Department of Justice. Of course, the rest as they say, is history. At the age of 40 he would go on to become the first director of the all-powerful FBI, while still living at home with Mummy.

1944: The first German V-2 rocket hits Great Britain (nicknamed "gasometer").

1947: President Truman signed the National Security Act (1947), establishing the US Department of Defence, CIA, National Security Council and Joint Chiefs of Staff. Although not on this day, years later Donald Trump would make America great again and establish... The United States Space Force!!

Stay in touch:

Website:	https://www.calliopeahc.org/
Facebook:	https://www.facebook.com/groups/Birkenheadrunning/
Facebook Messenger Group:	Calliope convo
Email:	calliope.birkenhead@gmail.com



Calliope Capers

26th July 2023



1956: Egyptian President Gamal Abdel Nasser announced plan to nationalise the Suez Canal, which initiated the "Suez Crisis" otherwise known as the Second Arab-Israeli war.

1983: Now 40 years old and one of the oldest in track and field (nudge, nudge, wink, wink), Jarmila Kratochvilova of Czech set the woman's 800m world record (1:53.28). It's worth noting that the number of all-time fastest women's 800m times set in the 1980's is probably only bettered by the women's shotput, where despite being a 5x World Champion and 2x Olympic Champion our Val is only number 22 on the all-time list. The list is topped by Natalya Lisovskaya from Russia with a throw dating from 1987. 17 of the 21 throws ahead of Val date from the 1970's and 80's. Suspicious...



Photo: Jarmila Kratochvilova looking seriously impressive. © ACME Pharmaceutical Services

1983: Light flashes were seen on Jupiter's moon Io. It was determined that these were most likely from surface volcanoes, lightening storms, or... alien space craft

2018: Observation of a black hole by The Very Large Telescope in Chile proved Albert Einstein's prediction of "gravitational redshift", first described by Einstein in 1907

Stay in touch:

Website: <https://www.calliopeahc.org/>

Facebook: <https://www.facebook.com/groups/Birkenheadrunning/>

Facebook Messenger Group: Calliope convo

Email: calliope.birkenhead@gmail.com