



# CALLIOPE CAPERS

27 NOVEMBER 2019

## TONIGHT 27 November 2109

3000m                      800m including Bill Taylor Trophy                      100m

High Jump                      Discus

+/or Onetaunga to Chelsea Sugar Works

Full Club uniform to be worn to qualify for 800m Bill Taylor Trophy

## NEXT WEEK Wednesday 4 December 2019

5000m                      200m                      Javelin                      Triple Jump

+/or Bush at back of track to Park Hill

## HARRIERS PRIZEGIVING and end of year CHRISTMAS PARTY, Wednesday 11 December

1 mile run and 1 mile walk

Harriers Prizегiving and end of year Christmas Party

A light meal will be provided during Harrier Prizегiving. To celebrate the festive season please wear something with a Christmas theme.

As per last year, a **donation** will be made to the **Auckland City Mission**. Please bring a non perishable food item or an unwrapped gift for the donation. On their website they ask for non-perishable food items such as canned fish, canned vegetables (green beans, corn, tomatoes), canned fruit, spreads (marmite, peanut butter), rice, pasta. Over Christmas, the Mission like to give out a few extras – so donations of treats like packaged biscuits, chocolate, lollies and nuts are greatly appreciated.

## Wednesday 18 December – Northcote Tavern

### NORTHCOTE TAVERN RUN/WALK.

6.15pm for walkers and 6.30pm for runners. Gold coin donation and spot prizes.

A lovely warm evening saw 60 people sign in. 27 Runners 33 Walkers

It is really interesting to look at the spreadsheet and see how times are improving. Well done!!!

See you all next week.

The last event for 2019 will be Monday 16 December. To celebrate the occasion it would be fun to take on a Christmas theme, so get your Christmas gear organised and lets add a little Christmas cheer to the streets of Northcote Point and the Garden of Northcote Tavern. Megan will have a few extra prizes from Santa to give out.

## CLUB TROPHIES - Winter Season

If you have competed in any recognised marathon or half-marathon over the winter season and **ran in club uniform**, it may therefore be taken into consideration for the club trophy, can you please email to [calliope.birkenhead@gmail.com](mailto:calliope.birkenhead@gmail.com) the race and timed result by 30th November.

**The responsibility is upon the athlete to submit the race/time for it to count.**

Recognised races are **1st December 2018 - 30th November 2019** include full and half marathons, (local, national and international). Different distances (i.e. 10k, 5k) do not count.

## RESULTS 20 November 2019

Event /Place	Name	Time /distance	Event /Place	Name	Time /distance
<b>3000m Walk</b>			<b>200m</b>		
1	Christine Western	20:15.21	1	Natasha Gordon	29:86
2	Martin Fey	20:15.30	2	Martin Fey	30:19
3	Alan Moore	21:03.94	3 *	Serena Gazzard	34:47
4	Murray Stevens	21:42.47	4 *	Celia Cater-Mills	37:09
5	Natasha Gordon	22:00.02	5 *	Cinnamon Gazzard	41:48
6 *	Grant Simmonds	22:28.80	6	Christine Western	56:92
7 *	Cinnamon Gazzard	23:21.19	7	Cherie Carmichael	60:61
8 *	Serena Gazzard	23:45.36	8 =	Bill Fell	70:23
9	Celia Cater-Mills	24:40.85	8 =	Grant Simmonds	70:2
10	Cherie Carmichael	25:24.36			
11	Bruce McLean	26:30.88	<b>Discus</b>		
12	Chris Barker	26:36.50	1	Grant Simmonds	25.35
13	Bill Fell	28:41.91	2	Martin Fey	18.20
14	Tyrell Jaggard	28:43.49	3 *	Celia Cater-Mills	14.95
15	Garth Barfoot	30:08.58	4 *	Cinnamon Gazzard	13.25
			5 *	Serena Gazzard	12.10
			6	Natasha Gordon	10.75
			7	Christine Western	10.70
			8	Bill Fell	10.55
			9	Cherie Carmichael	8.95
			10	Bruce McLean	8.50
			11	Chris Barker	7.70

\* Not eligible for trophy